

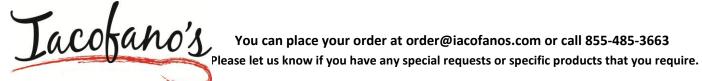
Boxed Hot Entrees

Served with Roll and Butter and your choice of three sides:

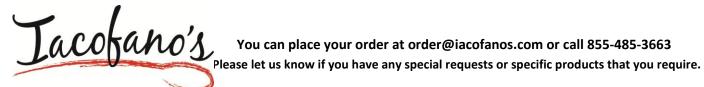
Vegetable, Starch, Sliced Cheese & Crackers, Mini Crudite & Ranch, Hummus & Pita Chips, Whole Fruit, Sliced Fruit, Cold Savory Salad, Side Garden Salad w/Dressing, Side Caesar Salad w/Dressing or Dessert.

Meals are available plated and bulk either microwave or oven safe for an additional charge.

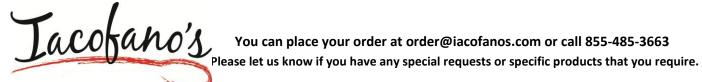
Mixed Grill	Grilled Chicken & Beef or Grilled Tofu served with sauteed vegetables, horseradish sauce & bbq sauce	
Glazed Salmon	Grilled Salmon glazed with Teriyaki Sauce	
Mama's Meatball Melt	All beef meatballs in Johnny's marina smothered in provolone cheese	
BBQ Pork	Pulled pork served with mustard and red sauce	
Boneless Pork Chops	Boneless seared porkchops with applesauce	
Soup & Salad	She crab soup or Tomato Basil Bisque with a garden salad.	
Blackened Mahi	Blackened mahi served with a lemon caper sauce	
BBQ Tofu	Grilled Tofu served with a side of bbq sauce	
Chicken & Biscuits	Chicken veloute with all white meat chicken & biscuits	
Chop Steak	Seared beef patties topped with a mushroom gravy	
Poached Salmon	Poached salmon topped with pesto sauce and bruschetta	
Grilled Beef Medallions	Grilled beef medallions topped with a portabella demi sauce	
Orange Glazed Beef	Seared Beef sauteed with fresh broccoli and an Asian orange glaze	
Chicken Cordon Bleu	Lightly breaded chicken topped with ham, swiss cheese & honey mustard	
Sweet & Sour Pork	Slowly cooked pork loin sauteed with onions and bell peppers mixed with sweet & sour sauce	
Bayou Shrimp	Sauteed shrimp, onions and bell peppers tossed in a creamy sauce with a hint of spice served with white rice	
Baked Ziti	Baked ziti wth a blend of Italian cheeses	
Vegetable Stir Fry	Oriental vegetable blend with portabella as the base	
Monterey Chicken	Juicy marinated chicken tenders topped with BBQ sauce, sauteed mushrooms & cheddar cheese	
Greek Chicken	Tender chicken topped with sauteed onion, peppers, kalamata olives & feta cheese	
Grilled Chicken Fingers	Four Chicken Fingers served with BBQ Sauce, Honey Mustard & Ranch Dressing	
Thai Chicken	Stir Fry Chicken in sweet & spicy Thai sauce with Julienne vegetables with cilantro & a lime wedge	
Lasagna	Beef & Sausage or Vegetarian Lasagna	
Veggie Burger	Grilled veggie burger served with lettuce, tomato, pickle slices, swiss cheese, sliced mushrooms, mustard, mayonnaise & ketchup	
Fajita Dinner	Your Choice of Grilled Beef, Grilled Chicken or Black Beans over sauteed onions & peppers serve with flour torilla, sour cream & salsa	



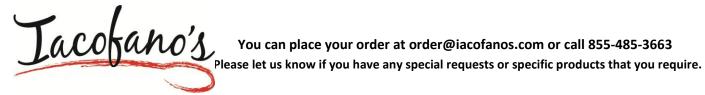
	Salad Boxed
	Served with your choice of dressing:
Blue Cheese	e, Ranch, Low Fat Italian, Greek, Honey Mustard, Balsamic Vinaigrette, or 1000 Island
Greek	Lettuce with tomatoes, Kalamata olives, red onions, feta cheese, green & red Peppers, cucumbers, croutons, crackers and greek dressing
Cobb	Lettuce with grilled chicken, tomatoes, blue cheese, hard-boiled egg, diced bacon, croutons, crackers and dressing of choice
Garden	Lettuce with tomatoes, cheddar & mozzarella cheese, grape tomatoes, cucumber, carrot, crackers and dressing of choice
Caesar	Choice of Grilled Chicken, Grilled Salmon or no protein; Romaine with parmesan cheese, Kalamata olives, croutons, crackers, tomatoes & lemon wedge
	Sandwich Boxed
	Served with your choice of 2 sides:
Sliced Cheese & Crackers, Mir	i Crudite & Ranch, Hummus & Pita Chips, Whole Fruit, Sliced Fruit, Chips, Cold Savory Salad or Dessert
Peanut Butter & Jelly	Choice of bread: Whole Wheat, Multigrain or White; Peanut Butter & Jelly Cups
Deli Sandwich	Choice of Bread: Wheat, Multigrain, White or Sundried Tomato Wrap; Choice of Protein: Portabella Mushroom, Chicken Salad, Tuna Salad, Turkey, Ham or Roast Beef; Choice of Cheese: Swiss, Cheddar, American or Provolone; served with lettuce, tomato, Gulden's Mustard and Duke's Mayonnaise
Chicken Thai Wrap	Chicken wrapped in lettuce with fresh sauteed veggies, and a side of chili sauce
	Breakfast Boxed
	Boxed Breakfasts comes with your choice of two sides:
Orange Juice, Who	ole Fruit, Yogurt, 2 Hard Boiled Eggs, Wheat Toast, Cinnamon Raisin Bagel or English Muffin
Granola & Berry Parfait	Fresh Berries, Low-Fat Yogurt & Granola
Breakfast Burrito	Burrito: Potatoes, Choice of Bacon, Sausage or Ham; Choice of Cheddar, Swiss or Provolone; Served with Salsa & Sour Cream
Crustless Quiche	Quiche with Spinach, Sausage, Mushrooms & Cheddar; Served with Hash Browns & Turkey Sausage
Adult Cereal	Special K or Shredded Wheat, 1 Pint of 2%, Skim or Soy Milk
Oatmeal	Instant Dry Oatmeal, Brown Sugar, Raisins, Choice of 2%, Skim or Soy Milk
Omelet	Choice of Vegetarian or Ham & Cheese Omelet served with Hash Browns
Breakfast Sandwich	Choice of a Croissant or Bagel with Egg and Cheese; Sausage, Ham or Bacon



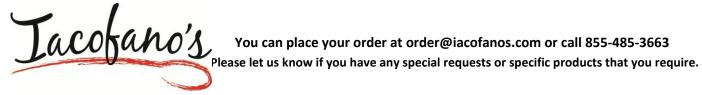
Crudite Tray			
Crudités		1 - 3	15 oz
		4 - 5	20 oz
	Assorted sliced vegetables with ranch dressing & hummus	6 - 7	30 oz
		8 - 11	40 oz
		12 - 14	60 oz
	Cheese Trays		
		1 - 3	8 oz
	Selections include four of any of the following cheeses: Goat,	4 - 5	12 oz
Artisan Cheese Tray	Triple Cream Brie, Danish Bleu, aged White Cheddar,	6 - 8	16 oz.
	Manchego. Includes dried fruit: apricots, cranberries and fig; fresh grapes; salted mixed nuts (no peanuts); cracker basket	9 - 10	24 oz
		10 - 14	36 oz
		1 - 2	8 oz
		3 - 4	12 oz
	Selections include the following cheeses: Swiss, Sharp	5	16 oz
Business Domestic Cheese Tray	Cheddar and Provolone. Served with grapes, dried fruit, salted mixed nuts & a cracker basket	6 - 8	24 oz
	salled mixed huls & a clacker basket	9 - 10	36 oz
		11 - 14	48 oz
		1 - 2	8 oz
	Calastiana includa farma farma fatha fallan includa an	3 - 4	12 oz
Executive Domestic Cheese Tray	Selections include four of any of the following cheeses: Gouda, Goat Cheese, Havarti-sliced, Sharp cheddar or Brie.	5	16 oz
Executive Domestic Cheese Tray	Served with dried fruit, salted mixed nuts & a cracker basket	6 - 8	24 oz
	Served with thee mult, salted mixed huts & a chacker basket	9 - 10	36 oz
		11 - 14	48 oz
Fruit Trays			
	Sliced fruit- assorted berries, pineapple, grapes, orange, assorted melon & dip	2	18 oz
		3	26 oz
Sliced Fruit Tray		4 - 5	32 oz.
		6 - 8	52 oz
		9 - 11	64 oz.
		12	78 oz
		13 - 14	96 oz
	Fruit & Cheese Tray		
		1 - 2	12 oz
	Selections include the following cheeses: Swiss, Sharp	3 - 4	18 oz
	Cheddar and Provolone. Served with dried fruit, sliced fruit-	5	26 oz
Business Fruit & Cheese Tray	assorted berries, pineapple, grapes, orange, assorted melon,	6 - 8	40 oz
	dip, salted mixed nuts & a cracker basket	9 - 10	60 oz
		11 - 14	90 oz



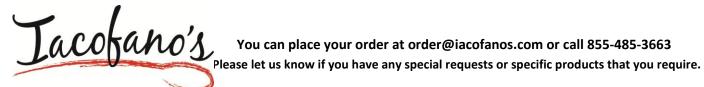
Dessert Trays			
		1 - 2	4 Pieces
		3	6 Pieces
		4	8 Pieces
Brownie Tray	Brownies with strawberry garnish	5 - 6	12 Pieces
		7 - 9	16 Pieces
		10	18 Pieces
		11 - 14	24 Pieces
		1 - 2	7 Pieces
		3 - 4	11 Pieces
Cookie & Brownie Tray	Assorted cookies (choco chip, oatmeal, sugar), brownies &	5 - 6	14 Pieces
COOKIE & BIOWINE Hay	strawberry garnish	7 - 9	22 Pieces
		10 - 13	28 Pieces
		14	33 Pieces
	Assorted cookies (oatmealraisin, choco chip, sugar) with strawberry garnish	1 - 2	4 Pieces
		3	6 Pieces
Cookie Tray		4	8 Pieces
COOKIE Hay		5-6	12 Pieces
		7 - 9	16 Pieces
		10 - 14	24 Pieces
		1 - 2	4 Pieces
Mini Dessert Sampler		3	6 Pieces
	Petite fours or assorted mini pastries	4 - 5	8 Pieces
		6 - 7	16 Pieces
		8 - 10	24 Pieces
		11 - 14	36 Pieces



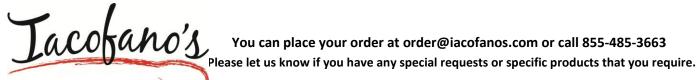
	Appetizer Trays		
	Prosciutto; Salami; Sopresseta grande; fresh mozzarella,	1 - 2	18 oz
Antipasto Tray	tomato and basil caprese stack, marinated artichoke hearts,	3 - 5	32 oz.
	roasted peppers, and gourmet olives; grilled portobello	6 - 9	64 oz.
. ,	mushroom; hard boiled egg; mini bottle olive oil; bread	10 - 12	72 oz
	basket of crostini and grissini	13 - 14	96 oz
		1	4 Pieces
		2	8 Pieces
		3	12 Pieces
Chicken Tenders Tray	Grilled or fried, celery, honey mustard, bbq sauce & lemon	4 - 5	16 Pieces
		6 - 8	24 Pieces
		9 - 11	36 Pieces
		12 - 14	48 Pieces
	Sliced filet mignon with assorted grilled vegetables &	1 - 3	10 oz
Beef Filet & Veggie Tray	horseradish sauce	4 - 8	20 oz
		1 - 2	16 oz
	Grilled flatbread, hummus, tabouli, baba ganough, olives,	3 - 5	48 oz
Mezze Tray	feta, dolmas & peppers	6 - 10	72 oz
		11 - 14	108 oz
Tortilla Chips and Dip for 2	Tortilla chips, salsa, & guacamole	2	8 oz Chips, 6.8 oz Dips
Chicken Tenders Hot Appetizer	2-Grilled and 2- fried tenders with bbq sauce, honey mustard, celery & lemon		4 Pieces
Hot Hors d'Oeuvres	Mini egg rolls, chicken/beef satay, mini crab cakes & stuffed	1 - 2	8 oz
Hot Hors a Deuvres	mushroom caps	3 - 4	16 oz
Jumbo Lump Crab Cakes	Jumbo crab cakes with remoulade and lemon	1 - 2	2 Each
	Seafood Trays		
			3 Shrimp, 1 Lobster Tails, 2 oz Lump
		1	Crab
	Shrimp, lobster tail, lump crab, cocktail sauce, dijon mustard sauce, &lemon	2	6 Shrimp, 2 Lobster Tails, 4 oz Lump Crab
		3	9 Shrimp, 3 Lobster Tails, 6 oz Lump
Cold Seafood		4 - 5	Crab 12 Shrimp, 4 Lobster Tails, 8 oz Lump
			Crab 18 Shrimp, 6 Lobster Tails, 12 oz Lump
		6 - 9	Crab 27 Shrimp, 9 Lobster Tails, 18 oz Lump
		10 - 12	Crab
		13 - 14	35 Shrimp, 12 Lobster Tails, 24 oz Lump Crab
		1	4 Tails
		2	8 Tails
Shrimp Tray		3	12 Tails
		4	16 Tails
	Shrimp, cocktail sauce, tobasco sauce, & lemon	5 - 7	24 Tails
		8 - 10	32 Tails
		11 - 13	36 Tails
		14	48 Tails



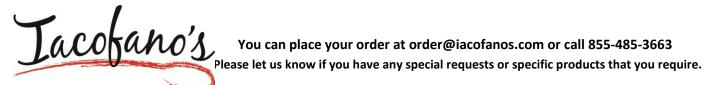
	Breakfast Bulk Or Single Items		
Please	specify your packaging: Tray, Microwave Container or Oven Sa	afe Contai	ner
Cereal	Individual cereal box, milk, & spoon		
Breakfast Sandwich	Bagel or Croissant with egg, ched	dar, & bac	on
French Toast	French toast with butter & syrup		
Meat & Cheese Omelet	Turkey Sausage, Sausage, Bacon or Ham and choice of Cheddar, Swiss or Provolone Cheese		
Pancakes	Silver dollar pancakes with butt	er & syrup	
Vegetarian Omelet	Spinach, feta & tomato or		
Steel Cut Oatmeal	Oatmeal, raisins, brown suga		
Vegetarian Omelet	Yellow & red pepper, mushroom & c		nelet
Muffin/Pastry	2 Individually wrapped muffins		
Scrambled Eggs	Plain scrambled eggs		·
Fruit Bowl	Cubed fruit- assorted berries, pineapple, ca		honevdew
	Breakfast Trays	, ,	
Continental Breakfast Tray	Mini pastry, granola/dry cereal, yogurt, fr	uit, milk, b	utter, jam
Business Breakfast Tray	Mini danish, mini muffin, yogurt, fru	it, juice, b	utter
Yogurt Berry Parfait Tray	Yogurt, granola, fruit cup, mini breakfast	pastry, bu	itter, jelly
		1	3 Pieces
		2	6 Pieces
		3	9 Pieces
Assorted Breakfast Pastries	Assorted pastry (muffin, croissant, danish, scone), whipped butter, jam	4 - 5	12 Pieces
		6 - 7	18 Pieces
		8 - 10	24 Pieces
		11 - 14	27 Pieces
		1	1 Bagel
	Bagels with cream cheese, butter and jam on the side	2	2 Bagels
		3	3 Bagels
		4	4 Bagels
Bagel Tray		5 - 6	6 Bagels
		7 - 8	8 Bagels
		9	9 Bagels
		10 - 12	12 Bagels
		13 - 14	16 Bagels
		1	4 oz Salmon & 1 Bagel
		2	4 oz Salmon / 2 Bagels
		3	9 oz Salmon / 3 Bagels
		4	12 oz Salmon / 4 Bagels
Smoked Salmon (Lox) and Bagels	Smoked salmon, bagels, tomato, boiled egg, cream cheese,	5	12 oz Salmon / 5 Bagels
	cucumer & capers	6	18 oz Salmon / 6 Bagels
		7-8	18 oz Salmon / 8 Bagels
		9 - 10	18 oz Salmon / 10 Bagels
		11 - 12	24 oz Salmon / 12 Bagels
		13 - 14	24 oz Salmon / 16 Bagels



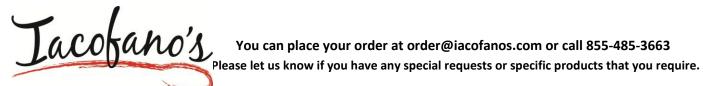
Sandwiches Plated			
Sandwich or Wrap	Turkey/ham/roast beed sandwich/ wrap with lettuce, onion, tomato, mayo jar & mustard jar		
Sandwich- PB&J	Peanut butter & jelly		
Deli Lunch Tray Individual	Sandwich, fruit cup, brownie, cheese & crackers,	savory sala	ad & condiments
Executive Deli Lunch Tray Individual	Filet andwich, fruit cup, brownie, cheese & cracker	s, savory sa	alad & condiments
Deli Sandwich	Define Type		
Kids Sandwich Box Lunch	Kids sandwich, fruit cup, cookie, granola ba	r, pretzels	& juice box
	Sandwich Trays		
		2	4 Sandwiches
		3	6 Sandwiches
Miniature Deli Sandwich		4 - 5	8 Sandwiches
Winiature Dell Sandwich	Assorted miniature sandwiches with condiment tray	6 - 8	12 Sandwiches
		9 - 11	16 Sandwiches
		12 - 14	24 Sandwiches
		1 - 2	4 Sandwiches
		3 - 4	6 Sandwiches
Sliced Deli Meat and Cheese Tray	Assorted bread, assorted cheese, assorted meat, & condiment tray	5 - 6	8 Sandwiches
Sheed Den Mede and Encese may		7 - 8	12 Sandwiches
		9 - 10	16 Sandwiches
		11 - 14	24 Sandwiches
		2	2 Sandwiches
		3	3 Sandwiches
		4	4 Sandwiches
Tea Sandwiches	Assorted sanwiches (turkey, ham & salmon) with garnish cup	5 - 6	6 Sandwiches
		7 - 8	8 Sandwiches
		9 - 10	9 Sandwiches
		11 - 14	12 Sandwiches
	Executive Lunch		
Executive Box Lunch Choice of Bread: Wheat, Multigrain, White or Sundried Tomato Wrap; Choice of Protein: Portabella Mushroom, Chicken Salad, Tuna Salad, Turkey, Ham or Roast Beef; Choice of Cheese: Swiss, Cheddar, American or Provolone; served with lettuce, tomato, Jar of Mayonnaise and Dijon Mustard. Served with sliced cheese & crackers, fresh fruit cup, pasta salad and a fresh baked cookie			



	Salads Plated	
	Served with your choice of dressing:	
Blue Cheese, R	anch, Low Fat Italian, Greek, Honey Mustard, Balsamic Vinaigrette, or 1000 Island	
Caesar Salad Side	Romaine with croutons, parmesan & caesar dressing	
Caesar Salad Entrée	Romaine with croutons, parmesan & caesar dressing	
Caesar Chicken	Romaine with croutons, parmesan & caesar dressing, w/ grilled chicken	
Caesar Filet	Romaine with croutons, parmesan & caesar dressing, w/ grilled beef	
Caesar Salmon	Romaine with croutons, parmesan & caesar dressing, w/salmon	
Caesar Shrimp	Romaine with croutons, parmesan & caesar dressing, w/ grilled shrimp	
Chef Salad	Lettuce with turkey, ham, salami, cheese, hard boiled egg, tomatoe & cucumber	
Cobb Salad	Lettuce with chicken, tomatoes, carrots, olives, egg, blue cheese, avocado & bacon	
Garden Salad Side	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette	
Garden Salad Entrée	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette	
Garden Chicken	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette with chicken	
Garden Filet	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette, with beef	
Garden Salmon	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette, with grilled salmon	
Garden Shrimp	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette, with grilled shrimp	
Greek Salad	Romaine with tomatoes, olives, feta, cucumber, peppers & dolmas	
Tomato and Fresh Mozz Salad	Sliced tomatoes, mozzarella, basil, grilled bread, olive oil & balsalmic	
	Entrées Plated	
Grilled Beef Tenderloin Dinner	Filet mignon, grilled veggies, wild rice & demi sauce	
Grilled Chicken Breast Dinner	Grilled chicken, grilled veggies, wild rice & bruschetta mix	
Grilled Pork Tenderloin	Grilled pork tenderloin, grilled veggies, wild rice & apricot dijon mustard sauce	
Grilled Salmon Dinner	Grilled salmon with grilled veggies, wild rice, and lemonn butter sauce	
Pasta Dinner	Penne pasta with marina and shaved parmesan. Please specify pasta and sauce choice.	
Vegetarian Sampler	Grilled eggplant, peppers, red onion, tomato & mozarella in balsalmic drizzle	



	Beverages		
1 # Starbucks Ground Coffee	Regular or Decaffeinated	1 Bag	Each
	8 oz with cap	1/2 Pint	Each
Skim Milk	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
	8 oz with cap	1/2 Pint	Each
1% Milk	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
	8 oz with cap	1/2 Pint	Each
2% Milk	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
	8 oz with cap	1/2 Pint	Each
Chocolate Milk	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
	8 oz with cap	1/2 Pint	Each
Fresh Juice- Apple	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
	8 oz with cap	1/2 Pint	Each
Fresh Juice- Cranberry	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
	8 oz with cap	1/2 Pint	Each
Fresh Juice- Grapefruit	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
	8 oz with cap	1/2 Pint	Each
Fresh Juice- Orange	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
	8 oz with cap	1/2 Pint	Each
Fresh Juice- Pineapple	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
Fresh Juice- Tomato	V8	Can	Each
Soda- Bottle	16 oz	Can	Each
Soda- Can	12 oz	Can	Each
Water- Dasani	16.9 oz	Bottle	Each
Water- Fiji	350 mL	Small	Each
water- riji	500 mL	Large	Each
Water- Nestle	16.9 oz	Bottle	Each
	6.5 oz Bottle	Small	Each
Water- Pelegrino	750 mL Bottle	Medium	Each
	1 Litre Bottle	Large	Each



Bulk Supplies		
	1	6 oz.
	2	18 oz.
	3	26 oz.
Lemon, lime, fruit, tomatoes, bread, lettuce, cream, milk, &	4 - 5	32 oz.
fresh herbs. Served with a fruit tray with ounces noted	6 - 8	52 oz.
	9 - 11	64 oz.
	12	78 oz.
	13 - 14	96 oz.
As specified	1	Each
12"Lx9"Wx11"H	1	Each
21"Lx12"Wx13"H	1	Each
lce Pack	1	Each
As specified	1	Each
As specified	1	Each
As specified	1	Each
Black Thermal Coffee Server	1	20 ounce
Black Thermal Coffee Server	1	64 ounce
	Lemon, lime, fruit, tomatoes, bread, lettuce, cream, milk, & fresh herbs. Served with a fruit tray with ounces noted As specified 12"Lx9"Wx11"H 21"Lx12"Wx13"H Ice Pack As specified As specified As specified Black Thermal Coffee Server	1234-5fresh herbs. Served with a fruit tray with ounces noted6-89-111213-1413-14112"Lx9"Wx11"H1112"Lx12"Wx13"H111ce Pack11As specified11 <t< td=""></t<>

specific tastes, preferences, dietary needs or presentation needs.