



You can place your order at order@iacofanos.com or call 855-485-3663
Please let us know if you have any special requests or specific products that you require.

Boxed Hot Entrees

Served with Roll and Butter and your choice of three sides:

Vegetable, Starch, Sliced Cheese & Crackers, Mini Crudite & Ranch, Hummus & Pita Chips, Whole Fruit, Sliced Fruit, Cold Savory Salad, Side Garden Salad w/Dressing, Side Caesar Salad w/Dressing or Dessert.

Meals are available plated and bulk either microwave or oven safe for an additional charge.

Mixed Grill	Grilled Chicken & Beef or Grilled Tofu served with sauteed vegetables, horseradish sauce & bbq sauce
Glazed Salmon	Grilled Salmon glazed with Teriyaki Sauce
Mama's Meatball Melt	All beef meatballs in Johnny's marina smothered in provolone cheese
BBQ Pork	Pulled pork served with mustard and red sauce
Boneless Pork Chops	Boneless seared porkchops with applesauce
Soup & Salad	She crab soup or Tomato Basil Bisque with a garden salad.
Blackened Mahi	Blackened mahi served with a lemon caper sauce
BBQ Tofu	Grilled Tofu served with a side of bbq sauce
Chicken & Biscuits	Chicken veloute with all white meat chicken & biscuits
Chop Steak	Seared beef patties topped with a mushroom gravy
Poached Salmon	Poached salmon topped with pesto sauce and bruschetta
Grilled Beef Medallions	Grilled beef medallions topped with a portabella demi sauce
Orange Glazed Beef	Seared Beef sauteed with fresh broccoli and an Asian orange glaze
Chicken Cordon Bleu	Lightly breaded chicken topped with ham, swiss cheese & honey mustard
Sweet & Sour Pork	Slowly cooked pork loin sauteed with onions and bell peppers mixed with sweet & sour sauce
Bayou Shrimp	Sauteed shrimp, onions and bell peppers tossed in a creamy sauce with a hint of spice served with white rice
Baked Ziti	Baked ziti wth a blend of Italian cheeses
Vegetable Stir Fry	Oriental vegetable blend with portabella as the base
Monterey Chicken	Juicy marinated chicken tenders topped with BBQ sauce, sauteed mushrooms & cheddar cheese
Greek Chicken	Tender chicken topped with sauteed onion, peppers, kalamata olives & feta cheese
Grilled Chicken Fingers	Four Chicken Fingers served with BBQ Sauce, Honey Mustard & Ranch Dressing
Thai Chicken	Stir Fry Chicken in sweet & spicy Thai sauce with Julienne vegetables with cilantro & a lime wedge
Lasagna	Beef & Sausage or Vegetarian Lasagna
Veggie Burger	Grilled veggie burger served with lettuce, tomato, pickle slices, swiss cheese, sliced mushrooms, mustard, mayonnaise & ketchup
Fajita Dinner	Your Choice of Grilled Beef, Grilled Chicken or Black Beans over sauteed onions & peppers serve with flour torilla, sour cream & salsa



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Salad Boxed

Served with your choice of dressing:

Blue Cheese, Ranch, Low Fat Italian, Greek, Honey Mustard, Balsamic Vinaigrette, or 1000 Island

Greek	Lettuce with tomatoes, Kalamata olives, red onions, feta cheese, green & red Peppers, cucumbers, croutons, crackers and greek dressing
Cobb	Lettuce with grilled chicken, tomatoes, blue cheese, hard-boiled egg, diced bacon, croutons, crackers and dressing of choice
Garden	Lettuce with tomatoes, cheddar & mozzarella cheese, grape tomatoes, cucumber, carrot, crackers and dressing of choice
Caesar	Choice of Grilled Chicken, Grilled Salmon or no protein; Romaine with parmesan cheese, Kalamata olives, croutons, crackers, tomatoes & lemon wedge

Sandwich Boxed

Served with your choice of 2 sides:

Sliced Cheese & Crackers, Mini Crudite & Ranch, Hummus & Pita Chips, Whole Fruit, Sliced Fruit, Chips, Cold Savory Salad or Dessert

Peanut Butter & Jelly	Choice of bread: Whole Wheat, Multigrain or White; Peanut Butter & Jelly Cups
Deli Sandwich	Choice of Bread: Wheat, Multigrain, White or Sundried Tomato Wrap; Choice of Protein: Portabella Mushroom, Chicken Salad, Tuna Salad, Turkey, Ham or Roast Beef; Choice of Cheese: Swiss, Cheddar, American or Provolone; served with lettuce, tomato, Gulden's Mustard and Duke's Mayonnaise
Chicken Thai Wrap	Chicken wrapped in lettuce with fresh sauteed veggies, and a side of chili sauce

Breakfast Boxed

Boxed Breakfasts comes with your choice of two sides:

Orange Juice, Whole Fruit, Yogurt, 2 Hard Boiled Eggs, Wheat Toast, Cinnamon Raisin Bagel or English Muffin

Granola & Berry Parfait	Fresh Berries, Low-Fat Yogurt & Granola
Breakfast Burrito	Burrito: Potatoes, Choice of Bacon, Sausage or Ham; Choice of Cheddar, Swiss or Provolone; Served with Salsa & Sour Cream
Crustless Quiche	Quiche with Spinach, Sausage, Mushrooms & Cheddar; Served with Hash Browns & Turkey Sausage
Adult Cereal	Special K or Shredded Wheat, 1 Pint of 2%, Skim or Soy Milk
Oatmeal	Instant Dry Oatmeal, Brown Sugar, Raisins, Choice of 2%, Skim or Soy Milk
Omelet	Choice of Vegetarian or Ham & Cheese Omelet served with Hash Browns
Breakfast Sandwich	Choice of a Croissant or Bagel with Egg and Cheese; Sausage, Ham or Bacon



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Crudite Tray			
Crudités	Assorted sliced vegetables with ranch dressing & hummus	1 - 3	15 oz
		4 - 5	20 oz
		6 - 7	30 oz
		8 - 11	40 oz
		12 - 14	60 oz
Cheese Trays			
Artisan Cheese Tray	Selections include four of any of the following cheeses: Goat, Triple Cream Brie, Danish Bleu, aged White Cheddar, Manchego. Includes dried fruit: apricots, cranberries and fig; fresh grapes; salted mixed nuts (no peanuts); cracker basket	1 - 3	8 oz
		4 - 5	12 oz
		6 - 8	16 oz.
		9 - 10	24 oz
		10 - 14	36 oz
Business Domestic Cheese Tray	Selections include the following cheeses: Swiss, Sharp Cheddar and Provolone. Served with grapes, dried fruit, salted mixed nuts & a cracker basket	1 - 2	8 oz
		3 - 4	12 oz
		5	16 oz
		6 - 8	24 oz
		9 - 10	36 oz
Executive Domestic Cheese Tray	Selections include four of any of the following cheeses: Gouda, Goat Cheese, Havarti-sliced, Sharp cheddar or Brie. Served with dried fruit, salted mixed nuts & a cracker basket	1 - 2	8 oz
		3 - 4	12 oz
		5	16 oz
		6 - 8	24 oz
		9 - 10	36 oz
		11 - 14	48 oz
Fruit Trays			
Sliced Fruit Tray	Sliced fruit- assorted berries, pineapple, grapes, orange, assorted melon & dip	2	18 oz
		3	26 oz
		4 - 5	32 oz.
		6 - 8	52 oz
		9 - 11	64 oz.
		12	78 oz
13 - 14	96 oz		
Fruit & Cheese Tray			
Business Fruit & Cheese Tray	Selections include the following cheeses: Swiss, Sharp Cheddar and Provolone. Served with dried fruit, sliced fruit- assorted berries, pineapple, grapes, orange, assorted melon, dip, salted mixed nuts & a cracker basket	1 - 2	12 oz
		3 - 4	18 oz
		5	26 oz
		6 - 8	40 oz
		9 - 10	60 oz
11 - 14	90 oz		



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Dessert Trays			
Brownie Tray	Brownies with strawberry garnish	1 - 2	4 Pieces
		3	6 Pieces
		4	8 Pieces
		5 - 6	12 Pieces
		7 - 9	16 Pieces
		10	18 Pieces
		11 - 14	24 Pieces
Cookie & Brownie Tray	Assorted cookies (choco chip, oatmeal, sugar), brownies & strawberry garnish	1 - 2	7 Pieces
		3 - 4	11 Pieces
		5 - 6	14 Pieces
		7 - 9	22 Pieces
		10 - 13	28 Pieces
		14	33 Pieces
Cookie Tray	Assorted cookies (oatmealraisin, choco chip, sugar) with strawberry garnish	1 - 2	4 Pieces
		3	6 Pieces
		4	8 Pieces
		5 - 6	12 Pieces
		7 - 9	16 Pieces
		10 - 14	24 Pieces
Mini Dessert Sampler	Petite fours or assorted mini pastries	1 - 2	4 Pieces
		3	6 Pieces
		4 - 5	8 Pieces
		6 - 7	16 Pieces
		8 - 10	24 Pieces
		11 - 14	36 Pieces



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Appetizer Trays			
Antipasto Tray	Prosciutto; Salami; Sopresseta grande; fresh mozzarella, tomato and basil caprese stack, marinated artichoke hearts, roasted peppers, and gourmet olives; grilled portobello mushroom; hard boiled egg; mini bottle olive oil; bread basket of crostini and grissini	1 - 2	18 oz
		3 - 5	32 oz.
		6 - 9	64 oz.
		10 - 12	72 oz
		13 - 14	96 oz
Chicken Tenders Tray	Grilled or fried, celery, honey mustard, bbq sauce & lemon	1	4 Pieces
		2	8 Pieces
		3	12 Pieces
		4 - 5	16 Pieces
		6 - 8	24 Pieces
		9 - 11	36 Pieces
Beef Filet & Veggie Tray	Sliced filet mignon with assorted grilled vegetables & horseradish sauce	1 - 3	10 oz
		4 - 8	20 oz
Mezze Tray	Grilled flatbread, hummus, tabouli, baba ganough, olives, feta, dolmas & peppers	1 - 2	16 oz
		3 - 5	48 oz
		6 - 10	72 oz
		11 - 14	108 oz
Tortilla Chips and Dip for 2	Tortilla chips, salsa, & guacamole	2	8 oz Chips, 6.8 oz Dips
Chicken Tenders Hot Appetizer	2-Grilled and 2- fried tenders with bbq sauce, honey mustard, celery & lemon	1 - 2	4 Pieces
Hot Hors d'Oeuvres	Mini egg rolls, chicken/beef satay, mini crab cakes & stuffed mushroom caps	1 - 2	8 oz
		3 - 4	16 oz
Jumbo Lump Crab Cakes	Jumbo crab cakes with remoulade and lemon	1 - 2	2 Each
Seafood Trays			
Cold Seafood	Shrimp, lobster tail, lump crab, cocktail sauce, dijon mustard sauce, &lemon	1	3 Shrimp, 1 Lobster Tails, 2 oz Lump Crab
		2	6 Shrimp, 2 Lobster Tails, 4 oz Lump Crab
		3	9 Shrimp, 3 Lobster Tails, 6 oz Lump Crab
		4 - 5	12 Shrimp, 4 Lobster Tails, 8 oz Lump Crab
		6 - 9	18 Shrimp, 6 Lobster Tails, 12 oz Lump Crab
		10 - 12	27 Shrimp, 9 Lobster Tails, 18 oz Lump Crab
		13 - 14	35 Shrimp, 12 Lobster Tails, 24 oz Lump Crab
Shrimp Tray	Shrimp, cocktail sauce, tobasco sauce, & lemon	1	4 Tails
		2	8 Tails
		3	12 Tails
		4	16 Tails
		5 - 7	24 Tails
		8 - 10	32 Tails
		11 - 13	36 Tails
		14	48 Tails



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Breakfast Bulk Or Single Items

Please specify your packaging: Tray, Microwave Container or Oven Safe Container

Cereal	Individual cereal box, milk, & spoon
Breakfast Sandwich	Bagel or Croissant with egg, cheddar, & bacon
French Toast	French toast with butter & syrup
Meat & Cheese Omelet	Turkey Sausage, Sausage, Bacon or Ham and choice of Cheddar, Swiss or Provolone Cheese
Pancakes	Silver dollar pancakes with butter & syrup
Vegetarian Omelet	Spinach, feta & tomato omelet
Steel Cut Oatmeal	Oatmeal, raisins, brown sugar & milk
Vegetarian Omelet	Yellow & red pepper, mushroom & cheddar omelet
Muffin/Pastry	2 Individually wrapped muffins or pastries
Scrambled Eggs	Plain scrambled eggs
Fruit Bowl	Cubed fruit- assorted berries, pineapple, cantaloupe, honeydew

Breakfast Trays

Continental Breakfast Tray	Mini pastry, granola/dry cereal, yogurt, fruit, milk, butter, jam
Business Breakfast Tray	Mini danish, mini muffin, yogurt, fruit, juice, butter
Yogurt Berry Parfait Tray	Yogurt, granola, fruit cup, mini breakfast pastry, butter, jelly

Assorted Breakfast Pastries	Assorted pastry (muffin, croissant, danish, scone), whipped butter, jam	1	3 Pieces
		2	6 Pieces
		3	9 Pieces
		4 - 5	12 Pieces
		6 - 7	18 Pieces
		8 - 10	24 Pieces
		11 - 14	27 Pieces
Bagel Tray	Bagels with cream cheese, butter and jam on the side	1	1 Bagel
		2	2 Bagels
		3	3 Bagels
		4	4 Bagels
		5 - 6	6 Bagels
		7 - 8	8 Bagels
		9	9 Bagels
		10 - 12	12 Bagels
Smoked Salmon (Lox) and Bagels	Smoked salmon, bagels, tomato, boiled egg, cream cheese, cucumber & capers	1	4 oz Salmon & 1 Bagel
		2	4 oz Salmon / 2 Bagels
		3	9 oz Salmon / 3 Bagels
		4	12 oz Salmon / 4 Bagels
		5	12 oz Salmon / 5 Bagels
		6	18 oz Salmon / 6 Bagels
		7 - 8	18 oz Salmon / 8 Bagels
		9 - 10	18 oz Salmon / 10 Bagels
		11 - 12	24 oz Salmon / 12 Bagels
		13 - 14	24 oz Salmon / 16 Bagels



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Sandwiches Plated

Sandwich or Wrap	Turkey/ham/roast beef sandwich/ wrap with lettuce, onion, tomato, mayo jar & mustard jar
Sandwich- PB&J	Peanut butter & jelly
Deli Lunch Tray Individual	Sandwich, fruit cup, brownie, cheese & crackers, savory salad & condiments
Executive Deli Lunch Tray Individual	Filet sandwich, fruit cup, brownie, cheese & crackers, savory salad & condiments
Deli Sandwich	Define Type
Kids Sandwich Box Lunch	Kids sandwich, fruit cup, cookie, granola bar, pretzels & juice box

Sandwich Trays

Miniature Deli Sandwich	Assorted miniature sandwiches with condiment tray	2	4 Sandwiches
		3	6 Sandwiches
		4 - 5	8 Sandwiches
		6 - 8	12 Sandwiches
		9 - 11	16 Sandwiches
		12 - 14	24 Sandwiches
Sliced Deli Meat and Cheese Tray	Assorted bread, assorted cheese, assorted meat, & condiment tray	1 - 2	4 Sandwiches
		3 - 4	6 Sandwiches
		5 - 6	8 Sandwiches
		7 - 8	12 Sandwiches
		9 - 10	16 Sandwiches
		11 - 14	24 Sandwiches
Tea Sandwiches	Assorted sandwiches (turkey, ham & salmon) with garnish cup	2	2 Sandwiches
		3	3 Sandwiches
		4	4 Sandwiches
		5 - 6	6 Sandwiches
		7 - 8	8 Sandwiches
		9 - 10	9 Sandwiches
		11 - 14	12 Sandwiches

Executive Lunch

Executive Box Lunch	Choice of Bread: Wheat, Multigrain, White or Sundried Tomato Wrap; Choice of Protein: Portabella Mushroom, Chicken Salad, Tuna Salad, Turkey, Ham or Roast Beef; Choice of Cheese: Swiss, Cheddar, American or Provolone; served with lettuce, tomato, Jar of Mayonnaise and Dijon Mustard. Served with sliced cheese & crackers, fresh fruit cup, pasta salad and a fresh baked cookie
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Salads Plated

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Caesar Salad Side	Romaine with croutons, parmesan & caesar dressing
Caesar Salad Entrée	Romaine with croutons, parmesan & caesar dressing
Caesar Chicken	Romaine with croutons, parmesan & caesar dressing, w/ grilled chicken
Caesar Filet	Romaine with croutons, parmesan & caesar dressing, w/ grilled beef
Caesar Salmon	Romaine with croutons, parmesan & caesar dressing, w/salmon
Caesar Shrimp	Romaine with croutons, parmesan & caesar dressing, w/ grilled shrimp
Chef Salad	Lettuce with turkey, ham, salami, cheese, hard boiled egg, tomatoe & cucumber
Cobb Salad	Lettuce with chicken, tomatoes, carrots, olives, egg, blue cheese, avocado & bacon
Garden Salad Side	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette
Garden Salad Entrée	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette
Garden Chicken	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette with chicken
Garden Filet	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette, with beef
Garden Salmon	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette, with grilled salmon
Garden Shrimp	Lettuce with tomatoes, hearts of palm, carrots, olives, & vinaigrette, with grilled shrimp
Greek Salad	Romaine with tomatoes, olives, feta, cucumber, peppers & dolmas
Tomato and Fresh Mozz Salad	Sliced tomatoes, mozzarella, basil, grilled bread, olive oil & balsamic

Entrées Plated

Grilled Beef Tenderloin Dinner	Filet mignon, grilled veggies, wild rice & demi sauce
Grilled Chicken Breast Dinner	Grilled chicken, grilled veggies, wild rice & bruschetta mix
Grilled Pork Tenderloin	Grilled pork tenderloin, grilled veggies, wild rice & apricot dijon mustard sauce
Grilled Salmon Dinner	Grilled salmon with grilled veggies, wild rice, and lemon butter sauce
Pasta Dinner	Penne pasta with marinara and shaved parmesan. Please specify pasta and sauce choice.
Vegetarian Sampler	Grilled eggplant, peppers, red onion, tomato & mozzarella in balsamic drizzle



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Beverages			
1 # Starbucks Ground Coffee	Regular or Decaffeinated	1 Bag	Each
Skim Milk	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
1% Milk	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
2% Milk	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
Chocolate Milk	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
Fresh Juice- Apple	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
Fresh Juice- Cranberry	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
Fresh Juice- Grapefruit	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
Fresh Juice- Orange	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
Fresh Juice- Pineapple	8 oz with cap	1/2 Pint	Each
	16 oz with cap	Pint	Each
	32 oz with cap	Quart	Each
Fresh Juice- Tomato	V8	Can	Each
Soda- Bottle	16 oz	Can	Each
Soda- Can	12 oz	Can	Each
Water- Dasani	16.9 oz	Bottle	Each
Water- Fiji	350 mL	Small	Each
	500 mL	Large	Each
Water- Nestle	16.9 oz	Bottle	Each
Water- Pelegrino	6.5 oz Bottle	Small	Each
	750 mL Bottle	Medium	Each
	1 Litre Bottle	Large	Each



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Bulk Supplies

Standard B Including Fruit	Lemon, lime, fruit, tomatoes, bread, lettuce, cream, milk, & fresh herbs. Served with a fruit tray with ounces noted	1	6 oz.
		2	18 oz.
		3	26 oz.
		4 - 5	32 oz.
		6 - 8	52 oz.
		9 - 11	64 oz.
		12	78 oz.
		13 - 14	96 oz.
Chips/Crisps/Pretzels	As specified	1	Each
Soft Sided Cooler Small	12"Lx9"Wx11"H	1	Each
Soft Sided Cooler Large	21"Lx12"Wx13"H	1	Each
Ice Mat	Ice Pack	1	Each
Magazine	As specified	1	Each
Newspaper- Local	As specified	1	Each
Newspaper- National	As specified	1	Each
Thermal Coffee Server Small	Black Thermal Coffee Server	1	20 ounce
Thermal Coffee Server Large	Black Thermal Coffee Server	1	64 ounce

We have so much more to offer! We would be happy to customize your order to meet any specific tastes, preferences, dietary needs or presentation needs.